

CARDIOVASCULAR DISEASES

THE WORLD'S NUMBER 1 KILLER FOR BOTH GENERAL POPULATION AND SEAFARERS



Cardiovascular diseases (CVD) are a group of disorders of the heart and blood vessels, commonly referred as heart diseases and stroke.



GENERAL POPULATION

33%



Of all global deaths

SEAFARERS

34%



CAUSES OF DEATH AMONG SEAFARERS

CVD

34%

CANCER

11%

DIABETES

6.7%

RESPIRATORY DISEASES

5.4%



RISK FACTORS FOR CVD



High Blood Pressure



High Cholesterol



Overweight e Obesity



Air Pollution



Physical Inactivity



Unhealthy Diet



Diabetes



Tobacco



Kidney Disease



Harmful use of alcohol



Sources: World Health Organization

World Heart Federation

Centro Internazionale Radio Medico (C.I.R.M.)
contribution to the World Heart Day 2023

For information/suggestions, please contact us at

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